

LIFE IN THE SPIRIT



WELCOME!

For whatever reason, maybe an invite from a friend, or a note in a Parish newsletter, you are here at this seminar. We believe it is not by accident you are participating. God wants to build relationship with you. This is an opportunity for it to happen. Have you ever considered what it would be like to see God blessing a life, offering positive change and evidencing His love? God wants to do that with you.

YOUR JOURNEY

These reflections are your companion. They are designed to help you reflect on the ways God is entering into your life in a positive way. They will guide you as you journey through the New Life in the Spirit Seminars. It will help you find God in a deeper way, as He reveals Himself to you in the seminars. This will bring you peace and joy. Daily reflection, and recording your thoughts, will highlight His action. We encourage you to use these daily.

God reveals Himself through people. Expect to meet Him as you faithfully participate in each of the sessions. The Community members who are presenting the seminars will assist you to meet Him. An important aspect of your journey is to spend time alone with God. He will speak to you in those moments; the journal is designed to help you listen to Him. If we do not spend time with God, we are limiting what He can do in our lives. On the other hand, as you do spend time with Him each day in this journey He will bless you in ways that become apparent to you and to others. You will be on the journey to a new life empowered by His Holy Spirit.

WHAT IS PRAYER?

People sometimes have complicated views about prayer. But prayer is simply communicating with God. When we communicate effectively with people, we speak and we listen. That is how we get to know them and understand them. If we spend regular time with them, we get to know them in a deeper and more meaningful way. This also applies to our relationship with God. He wants to relate to you.

Our prayer is a journey with God. If prayer is new to you, it may take a little while to develop. As you journey through the seminars and experience God's love your desire for prayer will increase. Baptism in the Spirit brings a freedom to our prayer. Ask Him for the gift of prayer. In the seminars you will experience various ways to pray. There will be times of praise and worship, times of reflection, intercession, and thanksgiving.

Each day of the seminar will help you to pray. The Scripture quotes are chosen carefully. They are words that God has spoken in the Bible, and He will speak to you through them. The words will aid you to consider more deeply the material presented in the seminar the week before. Decide on a specific time to pray each day, and reflect on these scriptures. God will speak to you through them.

Each day, write down the word/ sentence(s) that impact you from today's Scripture. What is it in that passage that touches you? Why? How? How will you apply what you have learnt? Then write your response, in a prayer to God

"We have never failed to pray for you, and what we ask God is that through perfect wisdom and spiritual understanding you shall reach the fullest knowledge of his will. So you will be able to lead the kind of life which the Lord expects of you, a life acceptable to him in all its aspects; showing the results in all good actions you do and increasing your knowledge of God. You will have in you the strength, based on his own glorious power, never to give in, but to bear anything joyfully, thanking the Father who has made it possible for you to join the saints and with them to inherit the light." (Colossians 1:9-12)